

<http://www.youtube.com/watch?v=atBUQVnp4dc&feature=related> informative cathar history

<http://www.youtube.com/watch?v=9ABILPuVHFo> scenic cathar castles

<http://www.youtube.com/watch?v=p-Xm5H4iFdM&feature=related> professional made video of all cathar castles

<http://www.youtube.com/watch?v=Al-9YvHWqGo> Mary Madlin lived in south of France

<http://www.youtube.com/watch?v=hxsVgh9Eabg&feature=related> storey devinchy code

http://www.languedoc-france.info/0313_grottos.htm fantastic website for caves & many other things

Languedoc-Roussillon is honeycombed with caves and caverns, forming one of the richest areas of subterranean systems in France. At least 15 of them are open to the public

notable examples are the "Hundred-Thousand Soldiers" of the Grotte de Trabuc, or the "Medusa's Head" in the Grotte de Clamouse. Serious potholers, divers and speliologists might be interested in exploring a huge network of underground caverns under the Forêt de Fanges (near Quillan) which have barely been touched

Giant Chasm of Cabrespine. One of the largest caves in the world open to the public - 80 metres long and 220 metres high.

Trabuc. This is the largest cave in the Cévennes. It was inhabited in the Neolithic era and again in Roman times. It is reached by a 40m tunnel, cut into the rock by miners from Alès. The formation known as the 'hundred-thousand soldiers' looks like an army of miniature warriors.

Labeil. This Cave, the most southerly of the caverns at Larzac, is crossed by an underground river. This river attracted humans to the cave some 5,000 years ago, yet its source has never been discovered. Traces of ancient humans (pottery, burial places, jewellery) have been found

Lombrives. At Ussat-les-Bains, composed of a number of distinct caves. One of them, called the Cathedral (la salle de la Cathédrale) has a greater internal space than Notre Dame Cathedral in Paris).

http://www.midi-france.info/0705b_esperaza.htm Dinosaur museum is quite interesting for people to visit just 15 minutes from the villa

http://www.midi-france.info/030605_renneslb.htm A nice description of rennes le bains a very nice thermal pool for swimming

http://www.perillos.com/rlb_1.html another website about rains le bains

<http://www.youtube.com/watch?v=00EYzcuwjQk&feature=related> Another fantastic video of natural hot water springs in our area